



# GARDENWORKS™

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## Mystic Mist Foamflower

*Tiarella 'Mystic Mist'*

Plant Height: 4 inches

Flower Height: 9 inches

Spread: 12 inches

Spacing: 10 inches

Sunlight: ● ●

Hardiness Zone: 4a

### Description:

A fascinating variety with its charming small rounded lobed leaves that are speckled with white and have deep red veins; foliage turns a rosy coral in fall; wonderful as a shaded groundcover, or weaving with other plants in a container

### Ornamental Features

Mystic Mist Foamflower has masses of beautiful spikes of lightly-scented white bell-shaped flowers rising above the foliage from mid spring to mid summer, which are most effective when planted in groupings. The flowers are excellent for cutting. Its attractive lobed leaves are green in colour with distinctive dark red veins and tinges of coral-pink. The foliage often turns rose in fall. The dark red stems are very colorful and add to the overall interest of the plant.

### Landscape Attributes

Mystic Mist Foamflower is an herbaceous evergreen perennial with tall flower stalks held atop a low mound of foliage. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. Deer don't particularly care for this plant and will usually leave it alone in favor of tastier treats. It has no significant negative characteristics.

Mystic Mist Foamflower is recommended for the following landscape applications;



*Mystic Mist Foamflower foliage*  
Photo courtesy of NetPS Plant Finder



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- Mass Planting
- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Groundcover
- Container Planting

## **Planting & Growing**

Mystic Mist Foamflower will grow to be only 4 inches tall at maturity extending to 9 inches tall with the flowers, with a spread of 12 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 10 inches apart. Its foliage tends to remain low and dense right to the ground. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an evergreen perennial, this plant will typically keep its form and foliage year-round.

This plant does best in partial shade to shade. It requires an evenly moist well-drained soil for optimal growth. It is particular about its soil conditions, with a strong preference for rich, acidic soils. It is somewhat tolerant of urban pollution, and will benefit from being planted in a relatively sheltered location. Consider covering it with a thick layer of mulch in winter to protect it in exposed locations or colder microclimates. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Mystic Mist Foamflower is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers and foliage against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.